

# ALL-DAY BREAKFASTS

*We Use Farm Fresh Small Eggs and Lotsa Love!  
Served Scrambled, Sunny Side or Over Easy.*

SUB EGG WHITES ↔ \$1.75 -120 Cals

		Cals			Cals
<b>Three Eggs</b>	\$8.99	690	<b>Sunset Super</b>	\$11.49	590
Home fries and thick toast			Three eggs, two pancakes and home fries		
<b>with Bacon (5) ✓ ↔</b>	\$11.99	1310	<b>with Bacon (5) ✓</b>	\$14.49	1210
<b>Ham (3)</b>	\$11.99	830	<b>Ham (3)</b>	\$14.49	730
<b>Sausages (4)</b>	\$11.99	1080	<b>Sausages (4)</b>	\$14.49	980
<b>Peameal Style ✓</b>	\$12.99	870	<b>French Connection</b>	\$11.99	900
<b>Bacon (3)</b>			Three eggs, two French toast and home fries		
<b>Turkey Bacon (4)</b>	\$12.99	840	<b>with Bacon (5)</b>	\$14.99	1520
<b>Corned Beef</b>	\$13.49	1030	<b>Ham (3)</b>	\$14.99	1040
<b>Hash (8 oz)</b>			<b>Sausages (4)</b>	\$14.99	1290
<b>Grilled Chicken Breast &amp; Three Eggs ↔</b>	\$15.49	960	<b>Eggs Florentine</b>	\$14.49	860
Home fries and thick toast			Three eggs over easy with sautéed spinach, onion and Swiss cheese on English muffins.		
<b>Steak (8 oz) ↔</b>	\$18.99	1180	Topped with Hollandaise sauce and served with home fries		
Canadian AAA, home fries and thick toast			<b>Eggs Sunset ✓</b>	\$14.99	800
<b>Avocado Toast ↔</b>	\$8.49	250	Three eggs over easy with Peameal style bacon on English muffins. Topped with Hollandaise sauce and served with home fries		
Guacamole spread on dark rye, topped with Feta cheese, tomato, red onion, Kalamata olives and drizzled with olive oil			<b>Southwest Vegan Breakfast Hash (V) ↔</b>	\$10.49	450
<b>Sunset Breakfast Poutine</b>	\$10.49	640	Home fries with sautéed onion, red pepper and mushrooms. Served with diced tomatoes and a side of guacamole		
Home fries, Peameal style bacon, sautéed onion, cheddar cheese, topped with Hollandaise sauce					

# OMELETTES

*Treat Yourself! Served with Home Fries and Thick Toast*

SUB EGG WHITES ↔ \$2.00 -180 Cals

<b>Western ✓</b>	\$13.49	860	<b>Mediterranean</b>	\$14.49	940
Ham and onion			Fresh baby spinach, tomato and Feta		
<b>Great Canadian ✓</b>	\$14.49	1410	<b>Veggie Delight ✓</b>	\$14.49	840
Bacon, mushrooms and cheddar			Red pepper, onion, mushrooms and tomato		
<b>Greek Omelette</b>	\$14.99	1100	<b>Sunset Omelette</b>	\$14.49	1060
Feta, onion, Kalamata olives and red pepper			Swiss, Peameal style bacon and tomato		
<b>Florentine Omelette</b>	\$13.49	1020	<b>Meat Lovers ✓</b>	\$15.49	1690
Fresh baby spinach, onion and Swiss			Peameal style bacon, ham, bacon, sausage and cheddar		
<b>Create Your Own</b>	\$9.99	840	<b>Each Ingredient</b>	\$1.89	
	Cals			Cals	
Cheddar	230	Bacon	390	Mushrooms	15
Swiss	210	Ham	70	Onion	20
Feta	150	Sausage	160	Red Pepper	20
Peameal Style	70	Baby Spinach	15	Kalamata Olives	130
Bacon		Tomato	10		

Ingredient items are additional to the calories displayed.

# FRENCH TOAST, BUTTERMILK PANCAKES & MALTED WAFFLES

*So Sweet! Served with Pancake Syrup and Butter*

<b>Sunset Pancakes (3) ✓</b>	\$7.99	220	<b>Sunset Waffle ✓</b>	\$9.99	380
Nice and fluffy, done just right!			<b>Thick French Toast (2) ✓</b>	\$7.99	460
<b>Chocolate Chip Pancakes (3)</b>	\$9.49	520	(3)	\$9.49	690

## ADD-ONS:

Dark Chocolate Chips	\$2.99	390	Strawberry Preserves	\$3.75	80
Pure Maple Syrup	\$3.99	180	Fresh Strawberries	\$3.75	20

SUNSET SUPREME (ANY 3 ADD-ONS) \$6.99 60-1170 Cals

Add-on items are additional to the calories displayed

# KIDS' MEALS

<b>French Toast (2)</b>	\$7.99	460	<b>Kids' All-Day Breakfast</b>	\$8.99	680
<b>Pancakes (2)</b>	\$5.99	150	One scrambled egg, two strips of bacon, home fries and one slice of thick toast & jam		
<b>Chocolate Chip Pancakes (2)</b>	\$7.49	350	<b>Grilled Cheese</b>	\$7.25	620
			Served with home fries. Choice of bread		

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

## BREAKFAST SANDWICHES

*Served with Home Fries*

		Cals
<b>Sunset Sandwich</b> ✓	\$9.25	760
Peameal style bacon, egg and cheddar		
<b>Sunset Western</b> ✓	\$9.25	850
Ham, onion and egg (2)		
<b>Protein Plus</b>	\$11.99	690
Turkey bacon (2), egg whites, guacamole and Swiss cheese		
<b>Bacon (3), Egg &amp; Cheddar</b>	\$9.25	1020
<b>Peameal Style Bacon on a Bun</b> ✓	\$11.75	580
Lettuce and tomato		

## CLASSIC SANDWICHES

*Served with Home Fries*

		Cals
<b>Classic BLT</b> ✓	\$9.25	810
Choice of bread		
<b>Grilled Chicken Breast on a Bun</b>	\$13.25	680
Lettuce and tomato		
<b>Sunset Club</b>	\$15.25	1030
Grilled chicken breast, bacon, lettuce and tomato. Choice of bread		
<b>Grilled Cheese</b>	\$7.25	620
Choice of bread		

## SUNSET BURGERS

*8 oz Juicy Burger Made Fresh Daily with 100% Canadian Beef,  
Served with Home Fries*

<b>Classic Burger</b>	\$12.99	740	<b>Cheeseburger</b> ✓	\$13.99	960
<b>Canadian Burger</b>	\$15.49	1080	<b>Banquet Burger</b> ✓	\$14.99	1210
Peameal style bacon and cheddar			Bacon and cheddar		

*All burgers topped with lettuce, tomato, onion and pickle.*

## SIDE ORDERS

<b>Thick Toast &amp; Jam</b> ✓	\$2.75	280	<b>Turkey Bacon</b> (4)	\$7.75	150
<b>Toasted Bagel with Cream Cheese</b> (2)	\$3.75	290	<b>Corned Beef Hash</b> (8 oz)	\$8.25	340
<b>One Egg</b>	\$1.50	160	<b>Steak</b> (8 oz)	\$12.75	490
<b>Two Eggs</b>	\$2.75	220	<b>Chicken Breast</b> (6 oz)	\$9.25	270
<b>Three Eggs</b>	\$3.99	280	<b>Home Fries</b> (8 oz) ✓ (V)	\$4.25	230
<b>Bacon</b> (5) ✓	\$6.25	620	<b>Guacamole</b> (3 oz) (V)	\$3.25	150
<b>Ham</b> (3)	\$6.25	140	<b>Sliced Tomatoes</b> (V)	\$3.25	30
<b>Sausages</b> (4) ✓	\$6.25	390	<b>Hollandaise</b> (3 oz)	\$3.75	260
<b>Peameal Style Bacon</b> (3)	\$7.25	170			

## FRESH JUICES

*Fresh is Tastiest™*

<b>Orange</b> ✓ (9 oz)	\$3.75	120
(12 oz)	\$4.75	160
<b>Grapefruit</b> (9 oz)	\$3.75	110
(12 oz)	\$4.75	150
<b>Lemonade</b> (9 oz)	\$3.75	130
(in season) (12 oz)	\$4.75	180

## HOT DRINKS

<b>Fresh Brewed Coffee</b> ✓	\$2.99	0
Sunset Grill signature blend		
<b>Tea</b>	\$2.99	0
<b>Specialty Tea</b>	\$3.75	0
<b>Hot Chocolate</b>	\$3.75	200
With whipped cream		

## COLD DRINKS

<b>Soft Drink</b>	\$2.75	0-150	<b>Chocolate Milk</b> sm	\$2.49	180
<b>Snapple Iced Tea</b>	\$3.25	150	lg	\$3.49	240
<b>NESTEA</b> (can)	\$2.75	110	<b>Bottled Juice</b>	\$2.59	130-150
<b>Bottled Water</b> (Nestlé)	\$2.49	0	<b>Heinz Tomato Juice</b> (284 ml)	\$2.99	60
<b>San Pellegrino</b> (500 ml)	\$3.49	0	<b>Ocean Spray Cranberry Juice</b> (450 ml)	\$3.25	270
<b>Milk</b> (2%) sm	\$2.49	140			
lg	\$3.49	180			

Taxes Not Included.

Please inform us of any allergies. Calorie counts are based on white bread.  
All items and prices may vary by location.

**WE APPRECIATE YOUR COMMENTS!**

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For Franchise Information and more locations, visit [sunsetgrill.ca](http://sunsetgrill.ca)

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